

# Intimate with myself and with you

Couple seminar for deep engagement

Deep touch is emerging in the space between us. I stay with myself and you stay with yourself. Occasionally, you open my space for another world. Gentleness, sensitivity and (vigour) seize and uplift me. Then, routine wears away the shine.

It is up to us to foster what wants to evolve between us. It is up to us to confess anew and decide for ourselves. It is up to us to surrender into deeper connection and re-inspire and re-invite quality and depth to come between us.

These days will offer a fresh approach to fathoming the quality and depth of your relational potential. Practice of mindfulness, presencing, constellation and trauma work will guide you in opening up new playgrounds for meeting and contact. It is a time for inviting connection and touch. It is a (seminar-) space for long-term partners in functional relationships to take a further step in deepening the intimate space between you.

The group holds the space for me to be me and for you to be you. The group holds the space for the in-between. The group holds the space for us to recognize who we are meant to be as the couple we are. The space between us is searching for mindfulness and deepest healing. The mindful space invites tacit surrender and procreates the new. It is to be.

**Presenter:** Andrea M. Wandel and Johannes B. Schmidt

**Date:** 27. – 29.12.2010

**Working hours:** 1. day: 15.00 – 21.00 hours, 2. day: 10.00 – 18.30 hours, 3. day: 10.00 – 17.00 hours, breaks included

**Venue:** Palace Hotel, Picképlein 8, 2202 CL Noordwijk aan Zee

**Costs:** Fee € 1.600,00 per couple. Accommodation costs to be settled separately with the hotel.

**Language:** Intercultural German/English/Dutch

**Registration:** download pdf-form